

## **Starting Heights and House keeping items.**

Performance lists are posted on Baumspage.

Both Boys & Girls 800m Semi finals on Thursday top 8 from each heat to finals on Saturday.

There will be Boys 1600 on Thursday, top 8 from each heat to finals on Saturday.

No Girls 1600 on Thursday, Finals on Saturday.

There will be no 3200m for Boys or Girls on Thursday Finals on Saturday

### **Starting Heights.**

Girls PV- 7' up by 6"

Boys PV- 10' up by 6" until 13' then up by 3"

Girls HJ - 4' 4" up by 2" until 5' then up by 1"

Boys HJ - 5' 6" up by 2" until 6' then up by 1"

LJ will be done in two Flights for both boys and girls. Open pit for 1 hr. each flight. If a flight finishes earlier than an hour we will start the next flight.

All Coaches and Long Jump / Pole Vault Athletes will have a Green **PIRATE WRESTLING CLUB** wrist band. Please keep this on until Pole vault and long jump are complete.

Please help us keep your athletes out of the competition area.

If you are in the infield, you should be in a coaching box with the green wrist band on. Once the Long Jump & Pole vault are complete every coach / athlete should be in the stands or warming up for their events only. If not, you will be asked to leave the infield. Please don't make this an issue.

Make your camps on the North side of the stadium (Visiting bleachers).

If you are going to scratch an athlete, please do so in a timely manner. We are not asking for kids to not participate, but if you are going to scratch we can reduce heats. When replacing an athlete, enter a time for the athlete you are putting into the event.

If you have any questions email them to [sburrows@perkinsschools.org](mailto:sburrows@perkinsschools.org) or call/text 419- 271- 2069.

Thanks,

Shane Burrows